

Keio University Syllabus and Timetable

CROSSING BORDERS:ADAPTING TO JAPAN AND ADAPTING TO THE WORLD

Subtitle	Learning from Life Abroad: Adapting to Japan and Adapting to the World
Lecturer(s)	SHAULES, JOSEPH
Credit(s)	2
Academic Year/Semester	2023 Fall
Day/Period	Tue.3
Campus	Mita
Classroom	123
Class Format	Face-to-face classes (conducted mainly in-person)
Registration Number	87198
Faculty/Graduate School	INTERNATIONAL CENTER
Year Level	2, 3, 4
Course Description	A course to aim to focus on the deep cultural learning and personal growth that can result from adjusting to life in another country by learning about the psychology of adjusting to foreign experiences.
K-Number	CIN-CO-00133-212-10

[▼ Detail](#)

Course Administrator	Faculty/Graduate School	CIN INTERNATIONAL CENTER	
	Department/Major	CO	
Main Course Number	Level	0	Faculty-wide
	Major Classification	0	Other Course
	Minor Classification	13	International Center Course (Humanities) - Cultural and Intercultural Understanding
	Subject Type	3	Elective subject
Supplemental Course Information	Class Classification	2	Lecture
	Class Format	1	Face-to-face classes (conducted mainly in-person)
	Language of Instruction	2	English
Academic Discipline	10	Psychology and related fields	

Course Contents/Objectives/Teaching Method/Intended Learning Outcome

This course focuses on the deep cultural learning and personal growth that can result from adjusting to life in another country. We will learn about the psychology of adjusting to foreign experiences. We will see that experiences abroad can be either deep or shallow. We will learn about the impact of living abroad on our values

and identity. Each student will interview someone about their intercultural experiences and analyze and present the results. The ultimate goal is for students to get the most out of intercultural experiences.

Course Plan

Lesson 1

Introduction – Edward Hall and the intercultural experience

Lesson 2

Deep culture in everyday life

Lesson 3

Understanding deep culture

Lesson 4

Understanding deep culture

Lesson 5

Understanding deep culture

Lesson 6

Intercultural sensitivity, empathy, cultural identity, stereotypes, prejudice

Lesson 7

Trial & error cultural learning, culture surprise, stress and shock

Lesson 8

Surface and deep experiences, adaptive demands

Lesson 9

resistance (reversal), acceptance, adaptation (forced adaptation – mixed reactions)

Lesson 10

Interview preparation: Doing a deep culture interview

Lesson 11

Interview analysis - Presentation preparation

Lesson 12

In-class presentations

Lesson 13

Semester course content review

Lesson 14

Students will take part in an interview project analyzing someone's intercultural adaptation experience.

Other

There will be online interaction with other students to build community and explore these topics more deeply

Method of Evaluation

1. Written final exam (30%)
2. Final presentation (30%)
3. Participation (Attendance + assignments) (40%)

Textbooks

The Beginner's Guide to Deep Culture: Beneath the Surface, (2010), Shaules, Intercultural Press, Boston and London

Reference Books

Deep Culture: The Hidden Challenges of Global Living, by Joseph Shaules, Multilingual Matters, 2007

Lecturer's Comments to Students

The class meeting schedule can be found on the Canvas Learning Management System. If you have any questions, please contact the instructor directly: shaules@keio.jp.

Question/Comments

This class is suitable for Japanese and non-Japanese students. There will be a lot of opportunity to talk about your cultural experiences and discuss with other students about theirs.